

Download Out-of-the-body Experiences

An out-of-body experience (OBE or sometimes OOBE) is an experience in which a person seems to perceive the world from a location outside their physical body. Out-of-body experiences have historically been the domain of pseudoscience. However, neuroscience researchers are slowly unraveling their mystery. <https://www.patreon.com/skeptic> Michael Shermer travels to Laurentian University in Sudbury, Canada, to strap on the "God Helmet" in neuroscientist Michael P... Spiritual Travel - Conscious Transitions Out of the Body ... The above experience does not meet our full criteria for spiritual travel since it was not done voluntarily, but it does illustrate a way of moving directly out of the body from a waking state with which some are familiar.